

Bridle Hill Farm, LLC

2009 Summer Horse Program Sessions

Dates: June 29 th through September 4 th	Times: Monday through Friday sessions @ 3 hours each AM Session: 9:00 AM to 12:00 PM PM Session: 2:00 PM to 5:00 PM
---	--

Lesson & Learn Horse Program: Horseback riding for all ages

BHF's Summer Lesson & Learn Program will begin on June 29th and continue through September 4th, 2009. The Program will be held Monday through Friday with a separate morning and afternoon session. Students may attend one or all sessions.

Each day two separate sessions will be held between 9:00 AM - 12:00 PM and 2:00 PM – 5:00 PM. Each day shall include horse knowledge and ride time as detailed below and Bridle Hill Farm to provide use of tack and required certified helmets or students may bring their own.

Mommy and Me: Ages 3 to 6

Enjoy quality time while learning and riding together. Sessions includes walk, beginner trot lead line, ground poles, light instructional lessons with course horse ground relay between mommies and children. Meet friends while interacting with horses.

Beginner youth: Ages 7 to 9

Introduction to walk, trot posting, halt and backup instruction sessions are on and off lunge line with emphasis on turning and maintaining balance seat and consistency that includes grooming, hooves, and barn chore activity.

Double Digit Intermediate: Ages 10 to 14 (or to skill level)

Hone existing skills and gain experience with new learning for continued advancement with trot and canter work. Includes ground and raised trot poles. Bath, blanket, bits and grooming for success and farm activity includes Polaris Six Wheeler harrow and more.

Show Class Advanced: Ages 15 to 17 (or to skill level)

With incorporating your existing riding skills and hone horse knowledge to new show class heights, includes advanced lessons, jumps, dressage techniques and show class grooming and show competition turn out.

Spending Time with Horses: Adult/Youth Program long course *

A program centered on horses, and the daily activities. Horses can be relaxing, therapeutic, a good form of physical exercise, motivating, a confidence builder, a means to follow a passion, or just plain enjoyment. Class activities to include basic barn skills and daily horse care activates, safety around horses, handling horses between the stall and cross ties, knowledge of grooming tools, cleaning and grooming skills, understanding stall upkeep, aspects of feeding, knowledge of tack and safety of a proper riding helmet and flat soled shoes and includes one introductory group riding session. The activities will take place in a state of the art barn, fully equipped with lights, heated rooms, full size bathroom, indoor arena, wide isles with many sets of cross ties for the instruction classes to take place.

* Special pricing applies

Western Trail Lesson: All ages over eight years *

Two hours together from start to finish. Learn, trail and enjoy spectacular field views and woods which are combined with ring and trail ride learning that includes with each event grooming horse interaction, tack up, lesson and trail, and tack down which is an introduction to a real complete family horse and farm event. * Special pricing applies

United States Pony Club (USPC) Center:

Currently accepting interested youths to possible start and build a Sullivan County United States Pony Club Center Program which is open to all youths 25 years of age or less. Fee for annual calendar year membership is \$95 for new membership and \$85 for each reoccurring year thereafter.

<http://www.ponyclub.org/ridingcenter.htm>

Call (845) 482-3993 or e-mail young@bridlehillfarm.com

Call (845) 482-3993 or e-mail young@bridlehillfarm.com